NORAT RECONATION THERAPY The 22nd Judicial Circuit Court

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PRESENTERS

OBJECTIVES

What MRT is designed to address How MRT is applied in the 22nd Judicial Circuit MRT from the perspective of a program graduate





Sie müssen alle Regeln und Erwartungen des Gerichts befolgen!

HISTORY & STATS

Developed in 1985 by Gregory Little, Ed.D and Kenneth Robinson, Ed.D

MRT implementation reduces recidivism

MRT is a SAMHSA NREPP registered program





...a replacement for other therapies, although it can help with readiness to engage in other therapies

WHAT IS MRT?

"Moral" reasoning based on Kohlberg's levels of cognitive reasoning

"Reconation" from the psychological terms conative and conation which refer to the process of making conscious decisions

MRT seeks to teach clients how to take accountability for their actions, identify supports, accept current circumstances, and set goals

MRT IS NOT:

...a cure for a client's "bad attitude"

...a one and done program



MRT TRAINING

MRT facilitator training consists of a four-day, 32hour initial course; certification is required to deliver MRT to offenders.

Additional training is offered to enhance facilitator skills including Advanced MRT, Trauma MRT, and MRT for Veterans.



An individual whose lifestyle is based on immediate gratification...

...with poor impulse control and focus on egocentric desire...

...without concern for the feelings, needs, and welfare of others.

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WHO IS APPROPRIATE FOR MRT?





MRT IS DESIGNED TO **ADDRESS BEHAVIORS** SUCH AS:

....continued criminality despite previous criminal justice interventionsan inability to utilize natural consequences as motivation for pro-social changean unwillingness or inability to make prosocial changea lack of empathy for othersan inability to function effectively in society

....a pro-criminal or anti-social attitude



MRT does not replace other types of treatment

HOW IS MRT IMPLEMENTED IN THE 22ND JUDICIAL CIRCUIT?





APPLICATION OF MRT IN THE 22ND JUDICIAL CIRCUIT



Adult Sentencing

Condition 6:

"Based upon the standard probation risk assessment, the Defendant may be directed to attend Cognitive Behavioral Therapy at their own expense (including but not limited to Moral Reconation Therapy, Thinking 4 Change, and Dialectical Behavioral Therapy) as directed by the Adult Probation Division."



Juvenile Sentencing

Condition 17:

"That the Minor is to attend, cooperate with and successfully complete the following programs, including aftercare recommendations, as directed by the Department of Court Services:

PROBATION

MRT referral process

MRT groups: men's, women's, transitional age, juvenile, DUI, diversion

Communication between Probation Officer and MRT facilitators

Group expectations





Clinician facilitated MRT groups: men's, women's

PROBLEM SOLVING COURTS

Required for all Drug Court and DUI **Court participants**

> Mental Health Court MRT participation based on clinician recommendation

> > Group expectations



THE PERSPECTIVE OF A GRADUATE OF MRT





THE PERSPECTIVE OF MRT FACILITATORS



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THANK YOU

Questions?